

So, You Want to Write!

Writer's Prompts

Set #1

Instructions for Freewriting

Prepare yourself to write – in your head, your body, your space. (Say your Power Script, make your Power Move and use your Power Anchors).

Exercise:

Select any one of the 10 prompts below and write for 5 minutes. When you have finished, read what you wrote, think about how you feel about your writing (how it felt to write, what you learned, ideas that came to you) and write in your journal about this writing experience.

Make a Writing Appointment for tomorrow for 10 minutes. Repeat this exercise daily, each day increasing the time by 5 minutes until you are writing for 50 minutes (or longer!). You can choose your own subjects, of course, or if you would like some additional prompts, go to www.AnnMcIndoo.com for another set of Writer's Prompts, with my compliments.

1. Write a paragraph starting with: I looked out my window and saw 2 clowns and a giant white poodle . . .
2. Describe what an angel looks like to you.
3. Write a story about betrayal, when a lifelong friend turns his back on his best friend.
4. Your dog (or cat) starts talking to you, what does he/she tell you? What do you tell him/her?
5. Finish this journal entry: "I knew I was in love when . . ."
6. Write about the most amazing random act of kindness anyone has ever done for you and how it felt to you. How did it change you?
7. You have received an advance check for \$5 Million dollars for your new book. Write how you feel and what your book is about.
8. Who is a hero in your life? Write a page about that person. Send it to them.
9. Write about your most exciting adventure. How did it feel? What were you doing?
10. Write about the glory of love.