

So, You Want to Write!

Writer's Prompts

Set #2

Instructions for Freewriting

Prepare yourself to write – in your head, your body, your space. (Say your Power Script, make your Power Move and use your Power Anchors).

Exercise:

Select any one of the 10 prompts below and write for 5 minutes. When you have finished, read what you wrote, think about how you feel about your writing (how it felt to write, what you learned, ideas that came to you) and write in your journal about this writing experience.

Make a Writing Appointment for tomorrow for 10 minutes. Repeat this exercise daily, each day increasing the time by 5 minutes until you are writing for 50 minutes (or longer!). You can choose your own subjects, of course, or if you would like some additional prompts, go to www.AnnMcIndoo.com for another set of Writer's Prompts, with my compliments.

1. Finish this sentence and write a paragraph: I'm the man / woman / writer / who ...
2. What would be the most outrageous, fun, happy, fantastic way to celebrate your next birthday?
3. Describe your favorite thing to eat in a sensuous manner.
4. You have been asked to write a jingle for your favorite product. What is the product and the jingle?
5. Describe the monster under your bed when you were a child. What were the rules for it to stay there? Is it still there? Write about that.
6. What are you relentless about? Describe the action you take to make sure this does or doesn't happen.
7. Describe a visit to the zoo with a blind person.
8. Write about someone who has overcome a great obstacle in their life and how it has made them better.
9. Imagine three strangers stuck in an elevator: a born-again Baptist preacher, an atheist and a satanic high priest. What do they say to each other?
10. Write a note to a 10-year old on loaning money to a friend.