

So, You Want to Write!

Writer's Prompts

Set #3

Instructions for Freewriting

Prepare yourself to write – in your head, your body, your space. (Say your Power Script, make your Power Move and use your Power Anchors).

Exercise:

Select any one of the 10 prompts below and write for 5 minutes. When you have finished, read what you wrote, think about how you feel about your writing (how it felt to write, what you learned, ideas that came to you) and write in your journal about this writing experience.

Make a Writing Appointment for tomorrow for 10 minutes. Repeat this exercise daily, each day increasing the time by 5 minutes until you are writing for 50 minutes (or longer!). You can choose your own subjects, of course, or if you would like some additional prompts, go to www.AnnMcIndoo.com for another set of Writer's Prompts, with my compliments.

1. Write a description of the person you've disliked the most in your lifetime. Add it in your "Characters" worksheet.
2. Write about perseverance, tenacity, relentless pursuit – how you achieved something using these attributes.
3. Describe today's weather using 10 words that are not typically applied to the weather.
4. Write about the day your beloved pet died.
5. Describe your favorite place in your home.
6. Write about a treasured heirloom in your family – how it was came about, was lost for 25 years and then found again.
7. Get into character of a leader you really admire and write about integrity.
8. Journal about your first kiss.
9. If you could have 1 wish, what would it be?
10. Describe a day at the beach with a toddler, a puppy and a picnic basket.