

So, You Want to Write!

Writer's Prompts

Set #4

Instructions for Freewriting

Prepare yourself to write – in your head, your body, your space. (Say your Power Script, make your Power Move and use your Power Anchors).

Exercise:

Select any one of the 10 prompts below and write for 5 minutes. When you have finished, read what you wrote, think about how you feel about your writing (how it felt to write, what you learned, ideas that came to you) and write in your journal about this writing experience.

Make a Writing Appointment for tomorrow for 10 minutes. Repeat this exercise daily, each day increasing the time by 5 minutes until you are writing for 50 minutes (or longer!). You can choose your own subjects, of course, or if you would like some additional prompts, go to www.AnnMcIndoo.com for another set of Writer's Prompts, with my compliments.

1. Write a description of the person you've loved the most in your lifetime.
2. Write about how anger, frustration, hate have affected a chapter in your life or someone else's.
3. Describe an automobile using 10 words that are not typically applied to motor vehicles.
4. Write about the day you graduated from school – what happened and what were your dreams?
5. Describe your favorite dessert and the best time to have it.
6. Write from your heart about your mom and dad.
7. Get into character of your favorite all-time teacher, mentor, coach or boss and write about teaching others.
8. Journal about your first job interview.
9. If you could make someone else's dream come true, for who and what would it be?
10. Describe a visit to a bread factory with a group of senior citizens who have never been to one.