

# So, You Want to Write!

## Writer's Prompts

### Set #5

#### Instructions for Freewriting

Prepare yourself to write – in your head, your body, your space. (Say your Power Script, make your Power Move and use your Power Anchors).

#### Exercise:

Select any one of the 10 prompts below and write for 5 minutes. When you have finished, read what you wrote, think about how you feel about your writing (how it felt to write, what you learned, ideas that came to you) and write in your journal about this writing experience.

Make a Writing Appointment for tomorrow for 10 minutes. Repeat this exercise daily, each day increasing the time by 5 minutes until you are writing for 50 minutes (or longer!). You can choose your own subjects, of course, or if you would like some additional prompts, go to [www.AnnMcIndoo.com](http://www.AnnMcIndoo.com) for another set of Writer's Prompts, with my compliments.

1. Your kitchen table has come to life – what does it say to you about the many meals, family meetings, art projects, homework assignments that it has experienced?
2. Describe your favorite vacation – how old were you and where did you go?
3. Write about a conversation you overheard that you were not supposed to hear. Add fuel to the fire and exaggerate the situation! Make it juicy – something one the trashy newspapers would just love!
4. Write about how two long lost loves met again after many years apart, brought together by an ad for a lost dog.
5. Write from your heart about someone you have loved deeply – what did you learn from them? From the experience?
6. Write about how courage, bravery, risk have affected an event in your life or someone you know.
7. Describe the person you have learned most from in your lifetime. What was the most important thing they taught you? How have you used it in your life?
8. Write about the day you had your first child – how did you feel? Can you still feel those emotions today? Write about them.
9. Get into character of a homeless person with no money or shelter. What are your thoughts about where you are going to sleep tonight?
10. Write about someone who has suffered a great tragedy in their life and how it has affected them. What did you learn from their experience?